

Please Select Panel

- Panel A (885)
- Panel B (820)
- Panel C (821)
- Panel D (822)
- Panel E (813)
- Other _____

Last Name _____

First Name _____

Date of Birth _____ Male Female

Home Phone _____

Cell Phone _____

Street Address _____

City, State, Zip _____

Copy to my Health Care Provider (Recommended)
Dr. _____

Address _____

Phone _____

Fax _____

Consent Statement: I understand that United Clinical Laboratories provides the results of Laboratory tests by mail directly to me, the participant. Test results are **NOT** provided to health care providers unless specified above. United Clinical Laboratories is not responsible for providing treatment based on any result and I am responsible for seeking medical advice and assistance from my health care provider regarding my test results. I release United Clinical Laboratories from any liability with respect to the test results provided.

Signed _____

About Wellness Testing:

- A physician's order is not required for these tests although UCL strongly recommends that you have a free copy sent directly to your health care provider.
- Sample collection can be performed at any of our locations (see back panel for locations and hours of operation). You do not need to make an appointment.
- Testing is performed at your local laboratory and your results are retained in UCL's information system according to HIPPA (Privacy) guidelines for later reference if needed.
- Payment in cash or check must be received at the time of service. Your insurance will not be billed.
- The results will be sent directly to you (and your Health Care Provider, if indicated) within one week of testing.



For UCL Use Only

Date of collection _____

Time of collection _____

Collector _____

Payment Cash \$ _____ Check \$ _____

Entered by _____

Patient Fasting: Yes No

UCL Draw Sites

Mercy Medical Center-Dubuque

250 Mercy Drive
Dubuque, Iowa 52001
563-589-9615
Ground Floor North Wing
Hours: Mon-Fri 6am-6pm
Sat-Sun 6am-2:30pm

UnityPoint Health-Finley Hospital

350 Grandview Drive
Dubuque, Iowa 52001
563-589-2431
Second Floor
Hours: Mon-Fri 6am-6pm
Sat-Sun 6am-2:30pm

Mercy Medical Center-Dyersville

1111 Third Street SW
Dyersville, Iowa 52040
563-875-2953
Hours: Monday-Friday 6:30am-5pm

Medical Associates-Maquoketa

918 West Platt St
Maquoketa, Iowa 52060
563-652-5145 x301
Hours: Monday-Friday 8:00am-4:30
Saturday 8:00am-11:30

Revision Date: 05/31/2018

Lab Tests that are
available
for your healthy life

Your Health Your Choice



Your Lab



www.UCLaccess.com

Health Screening Lab Tests

Get your blood drawn at any one of our convenient locations and have the testing performed at United Clinical Laboratories. We will send your results directly to you and your health care provider (if indicated).



Testing Options

Wellness Panel A (885) (12 hr fast).....	\$15.00
■ Lipid panel	
Wellness Panel B (820) (12 hr fast).....	\$22.00
■ Lipid panel	
■ Glucose	
Wellness Panel C (821) (12 hr fast).....	\$33.00
■ Lipid panel	
■ Glucose	
■ CBC	
Wellness Panel D (822) (12 hr fast).....	\$40.00
■ Lipid panel	
■ Basic Metabolic Panel	
■ CBC	
Wellness Panel E (813)	\$17.00
■ Hemoglobin A1c	
ABO/Rh (050).....	\$12.00
Comp Metabolic Panel (200) (12 hr fast)..	\$18.00
TSH (360)	\$30.00
25-Hydroxy Vitamin D2/D3 (419).....	\$63.00
Urine Pregnancy Test (224).....	\$12.00
PSA, Total (149)	\$33.00
Urinalysis (090)	\$6.00
Celiac Screen w/Reflex (TTDGP)	\$40.00
Other Request(s)*: _____	

* Pending approval from Laboratory Medical Director

Prices subject to change.

Even healthy people can often have some slightly abnormal lab results. All results should be discussed directly with your physician. We strongly encourage you to send a copy of your results to your health care provider. For additional information on the testing, go to:

www.labtestsonline.org

Lipid Panel (12-Hour Fast)

The lipid panel includes Triglycerides, Cholesterol, LDL and HDL Cholesterol.

Triglycerides are one of the blood fats that can be associated with heart disease, diabetes, kidney and liver disease. If you have elevated values after a 12 hour fast, you should discuss these results with your physician.

Cholesterol is a blood fat that is used as a building block for the body's cells and hormone production. Increased levels have been shown to increase your risk of heart disease and stroke.

HDL (High density lipoproteins) is the "good cholesterol". Higher values are associated with lower risk of heart disease. Vigorous exercise can help increase the blood levels of HDL.

Thyroid Stim. Hormone-TSH

TSH measures the amount of thyroid-stimulating hormone in the blood. This is a hormone that is secreted by the pituitary gland in response to thyroid function. If the thyroid is not active enough, the body will secrete more TSH to stimulate the thyroid to produce hormones. If the thyroid is too active, the TSH level will fall in order to slow down thyroid activity.

Basic Metabolic Panel (12 hr fast)

The Basic Metabolic Panel includes Glucose, Electrolytes, Calcium, Creatinine, and BUN.

Glucose is a measure of sugar in your blood. Glucose levels, hemoglobin A1c values and clinical history are all needed for your physician to make a diagnosis of diabetes.

Electrolytes include **sodium, potassium, chloride** and **carbon dioxide**. These elements are important for normal functioning of most cells and tissues of the body. Abnormal electrolytes can be associated with certain medications.

Calcium is important for bone formation and cell function. Elevated or decreased calcium values should be evaluated by your physician. A normal calcium does not exclude osteoporosis.

Creatinine is a protein waste product filtered by the kidneys. High levels are significant and usually require medical attention.

BUN (Blood Urea Nitrogen) is a waste product filtered by the kidney. An elevated BUN can be seen with a high protein diet, heavy exercise, infections, dehydration, or kidney disease.

Hemoglobin A1c

Hemoglobin A1c is used to monitor the control of glucose (blood sugar) over time.

25-Hydroxy Vitamin D2/D3

Vitamin D helps to regulate levels of calcium and phosphorus in your blood. Vitamin D is vital for the growth and health of bone; without it, bones will be soft and unable to repair themselves. Vitamin D has also been shown to influence the differentiation and growth of many other tissues and to help regulate the immune system.

Complete Blood Count (CBC)

The CBC includes tests used to determine the number and type of blood cells.

WBC (white blood cell count) may be elevated in infections and other diseases.

RBC (red blood cell count) indicates how your body is making the cells that are responsible for oxygen transport in your blood. High values should be evaluated by your physician. Low values may be associated with anemia or blood loss.

HGB (hemoglobin) is the measure of the protein that is responsible for oxygen transport in your red blood cells. Low values usually indicate anemia and should be evaluated by your physician.

HCT (hematocrit) is the percent of red blood cells compared to the amount of fluid (plasma) in your blood. This is used in conjunction with the other results to evaluate anemia.

MCV (Mean corpuscular volume) is the measurement of size of red blood cells.

MCH (mean corpuscular hemoglobin) is the measurement of the amount of hemoglobin in the red blood cells

MCHC (mean corpuscular hemoglobin concentration) is the measurement of the concentration of hemoglobin in each red blood cell.

Platelets are one of the factors of the blood clotting system. High or low values should be evaluated by your physician.

WBC Differential and Absolute WBC indicates the number of each different type of WBC and may help in diagnose conditions such as infections, inflammation, allergies, leukemia or other blood disorders.