

Please Select Panel

- Panel A (885)
- Panel B (820)
- Panel C (821)
- Panel D (822)
- Panel E (813)
- Other _____

Last Name _____

First Name _____

Date of Birth _____ Male Female

Home Phone _____

Cell Phone _____

Street Address _____

City, State, Zip _____

Copy to my Health Care Provider (Recommended)
Dr. _____

Address _____

Phone _____

Fax _____

Consent Statement: I understand that United Clinical Laboratories provides the results of Laboratory tests by mail directly to me, the participant. Test results are **NOT** provided to health care providers unless specified above. United Clinical Laboratories is not responsible for providing treatment based on any result and I am responsible for seeking medical advice and assistance from my health care provider regarding my test results. I release United Clinical Laboratories from any liability with respect to the test results provided.

Signed _____

About Wellness Testing:

- A physician's order is not required for these tests although UCL strongly recommends that you have a free copy sent directly to your health care provider.
- Sample collection can be performed at any of our locations (see back panel for locations and hours of operation). You do not need to make an appointment.
- Testing is performed at your local laboratory and your results are retained in UCL's information system according to HIPPA (Privacy) guidelines for later reference if needed.
- Payment in cash or check must be received at the time of service. Your insurance will not be billed.
- The results will be sent directly to you (and your Health Care Provider, if indicated) within one week of testing.



For UCL Use Only

Date of collection _____

Time of collection _____

Collector _____

Payment Cash \$ _____ Check \$ _____

Entered by _____

Patient Fasting: Yes No

UCL Draw Sites

Mercy Medical Center-Dubuque

250 Mercy Drive
Dubuque, Iowa 52001
563-589-9615
Ground Floor North Wing
Hours: Mon-Fri 6am-6pm
Sat-Sun 6am-2:30pm

UnityPoint Health-Finley Hospital

350 Grandview Drive
Dubuque, Iowa 52001
563-589-2431
Second Floor
Hours: Mon-Fri 6am-6pm
Sat-Sun 6am-2:30pm

Mercy Medical Center-Dyersville

1111 Third Street SW
Dyersville, Iowa 52040
563-875-2953
Hours: Monday-Friday 6:30am-5pm

Medical Associates-Maquoketa

918 West Platt St
Maquoketa, Iowa 52060
563-652-5145 x301
Hours: Monday-Friday 8:00am-4:30
Saturday 8:00am-11:30

Revision Date: 04/18/2016

Lab Tests that are available for your healthy life

Your Health Your Choice



Your Lab



www.UCLaccess.com

Health Screening Lab Tests

Get your blood drawn at any one of our convenient locations and have the testing performed at United Clinical Laboratories. We will send your results directly to you and your health care provider (if indicated).



Testing Options

Wellness Panel A (885) (12 hr fast).....\$15.00

☐ Lipid panel

Wellness Panel B (820) (12 hr fast).....\$22.00

☐ Lipid panel

☐ Glucose

Wellness Panel C (821) (12 hr fast).....\$32.00

☐ Lipid panel

☐ Glucose

☐ CBC

Wellness Panel D (822) (12 hr fast).....\$38.00

☐ Lipid panel

☐ Basic Metabolic Panel

☐ CBC

Wellness Panel E (813)\$16.00

☐ Hemoglobin A1c

Comp Metabolic Panel (200) (12 hr fast).\$17.00

TSH (360)\$28.00

25-Hydroxy Vitamin D2/D3 (419).....\$60.00

Urine Pregnancy Test.....\$25.00

Other Request(s)*: _____

* Pending approval from Laboratory Medical Director

Prices subject to change.

The following is an explanation of the tests that may be included in your panel. Even healthy people can often have some slightly abnormal lab results. All results should be discussed directly with your physician. We strongly encourage you to send a copy of your results to your health care provider. For additional information on the testing, go to:

www.labtestsonline.org

Lipid Panel (12 hr fast)

The lipid panel includes Triglycerides, Cholesterol, LDL and HDL Cholesterol. **Triglycerides** are one of the blood fats that can be associated with heart disease, diabetes, kidney and liver disease. If you have elevated values after a 12 hour fast, you should discuss these results with your physician.

Cholesterol is a blood fat that is used as a building block for the body's cells and hormone production. Increased levels have been shown to increase your risk of heart disease and stroke.

HDL or High density lipoproteins is the "good cholesterol". Higher values are associated with lower risk of heart disease. Vigorous exercise can help increase the blood levels of HDL.

Thyroid Stim. Hormone-TSH

Whether high or low, an abnormal TSH indicates an excess or deficiency in the amount of thyroid hormone available to the body, but it does not indicate the reason why. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease or monitor a person already on thyroid medication.

Basic Metabolic Panel (12 hr fast)

The Basic Metabolic Panel includes Glucose, Electrolytes, Calcium, Creatinine, and BUN. **Glucose** is a measure of sugar in your blood. Glucose levels, hemoglobin A1c values and clinical history are all needed for your physician to make a diagnosis of diabetes. Elevated glucose levels can be seen in many conditions and should be evaluated by your physician.

Electrolytes include **sodium, potassium, chloride** and **carbon dioxide**. These elements are important for normal functioning of most cells and tissues of the body. Abnormal electrolytes can be associated with drug therapy for hypertension.

Calcium is important for bone formation and cell function. Significantly elevated or decreased calcium values should be evaluated by your physician. A normal calcium does not exclude osteoporosis.

Creatinine is a protein waste product filtered by the kidney. If kidney function is impaired, the creatinine will be elevated.

BUN (Blood Urea Nitrogen) is also a waste product filtered by the kidney. An elevated BUN can be related to a high protein diet, heavy exercise, infections, dehydration, or kidney disease.

Hemoglobin A1c

Hemoglobin A1c is used to monitor the control of glucose (blood sugar) over time.

25-Hydroxy Vitamin D2/D3

Vitamin D helps to regulate levels of calcium and phosphorus in your blood. Vitamin D is vital for the growth and health of bone; without it, bones will be soft and unable to

repair themselves. Vitamin D has also been shown to influence the differentiation and growth of many other tissues and to help regulate the immune system. These other functions have implicated vitamin D in other disorders, such as autoimmunity and cancer.

Complete Blood Count (CBC)

The CBC includes tests used to determine the number and type of blood cells.

The **WBC** (white blood cell count) may be elevated in infections and other diseases. A minimally abnormal WBC is not usually significant.

The **RBC** (red blood cell count) indicates how your body is making the cells that are responsible for oxygen transport in your blood. High values should be evaluated by your physician. Low values may be associated with anemia or blood loss.

The **HGB** or hemoglobin is the measure of the protein that is responsible for oxygen transport in your red blood cells. Low values usually indicate anemia and should be evaluated by your physician.

The **hematocrit** is the percent of red blood cells compared to the amount of fluid (plasma) in your blood. This is used in conjunction with the other results to evaluate anemia.

Mean corpuscular volume (MCV), mean corpuscular hemoglobin (MCH), and mean corpuscular hemoglobin concentration (MCHC) are measurements of the size, amount and concentration of hemoglobin in each red blood cells. These values further define if there is anemia present and can suggest a cause of the anemia.

Platelets are one of the factors of the blood clotting system. Very high or low values should be evaluated by your physician.